



*My Health.  
My Medicare.*

**Centers for Medicare & Medicaid Services  
National Medicare Multi-Media & Education Campaign**

**Free Resources To Make The Most Out Of Medicare**

Do you, a family member a friend have Medicare? Do you want information about how to get the most out of Medicare? There are plenty of ways to get help—on the web, in your community, or over the telephone.

And, now is the perfect time to get information. Medicare's Fall Open Enrollment is from November 15 - December 31. The right Medicare plan lets you get on with your plans. You don't want to worry about your health coverage all year. You want to spend time doing the things you enjoy. By taking time today to review your current plan's coverage for 2008 and comparing it to other plans available, you will be able to get on with your plans the rest of the year.

**On the Web**

Visit [www.medicare.gov](http://www.medicare.gov) to compare drug plans on the Medicare Prescription Drug Plan Finder and compare Medicare health plans on Medicare Options Compare. You can compare plans on costs, out-of-pocket drug costs, healthcare coverage, and the customer service and quality of each health plan.

Also, if you need extra help paying for Medicare Prescription Drug Coverage, apply for extra help through Social Security. You can apply online at [www.socialsecurity.gov](http://www.socialsecurity.gov) or call 1-800-772-1213 (1-800-325-0778) and ask for Form SSA-1020. The Social Security Website also features information on Medicare resources and the Prescription Drug Plan to help people decide if they qualify for extra help with their Medicare health and prescription drug costs.

**In Your Community**

Check for Medicare events in your community. The *Working Together for Better Health* Medicare Bus Tour is visiting communities across the nation to help you review your 2008 Medicare plan.

Did you miss the event in your area? Your State's Health Insurance Assistance Program (SHIP) has counselors available to provide free one-on-one help with your Medicare questions through personalized face-to-face counseling and assistance via telephone, public education presentations and programs. Go to [www.medicare.gov/contacts/static/allStateContacts.asp](http://www.medicare.gov/contacts/static/allStateContacts.asp) to find out how to contact your SHIP.

Another way to find a counselor in your area is by visiting AoA's Eldercare Locator at [www.eldercare.gov](http://www.eldercare.gov) or by calling toll-free at 1-800-677-1116.



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**Over the Telephone**

You can call 1-800-MEDICARE (TTY 1-877-486-2048) to access the same information that you can get on [www.medicare.gov](http://www.medicare.gov).

So remember, when you sit down to review your Medicare plans this fall, and you're not sure where to start, there are plenty of ways to get help!

*This message brought to you by the U.S. Department of Health & Human Services*