

HOSPITAL STRATEGIES FOR PAIN MANAGEMENT AND REDUCING OPIOID USE DISORDER

Hospitals and health systems are central to the fight against the nation’s opioid epidemic. The Centers for Medicare & Medicaid Services (CMS) works closely with Centers for Disease Control and Prevention (CDC) and other federal agencies to develop policies, procedures, and resources that promote appropriate opioid prescribing and person-centered pain management. As required by the SUPPORT for Patients and Communities Act, CMS has assembled resources to help hospitals and health systems develop strategies for pain management and for opioid use disorder prevention and treatment.

Focus Area	List of Resources
Educating hospital clinicians about pain management and substance use disorder	<p>Agency for Healthcare Research and Quality – Non-Invasive Non-Pharmacological Treatment for Chronic Pain: A Review: https://effectivehealthcare.ahrq.gov/sites/default/files/pdf/nonpharma-chronic-pain-cer-209.pdf</p> <p>Centers for Disease Control and Prevention – Dosing of Prescription Opioids: https://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf</p> <p>Department of Health & Human Services – Pain Management Best Practices Report: https://www.hhs.gov/sites/default/files/pmtf-final-report-2019-05-23.pdf</p> <p>Department of Veterans Affairs – Defense and Veterans Pain Rating Scale: https://www.va.gov/PAINMANAGEMENT/docs/DVPRS_2slides_and_references.pdf</p> <p>Department of Veterans Affairs – Acute Pain Management Provider Guide: https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/Academic_Detailing_Educational_Material_Catalog/Pain_Provider_AcutePainProviderEducationalGuide_IB10998.pdf#</p> <p>National Institute on Drug Abuse – Opioid Use Disorder Treatment, Buprenorphine Information, and Emergency/Overdose Treatment: https://www.drugabuse.gov/nidamed-medical-health-professionals/treatment/opioid-use-disorder-treatment</p> <p>Substance Abuse and Mental Health Services Administration – Reducing Stigma in Substance Use Disorder Treatment: https://www.samhsa.gov/sites/default/files/programs_campaigns/02._webcast_1_resources-508.pdf</p> <p>Substance Abuse and Mental Health Services Administration – Managing Chronic Pain in Adults With or in Recovery from Substance Use Disorders: https://store.samhsa.gov/product/Managing-Chronic-Pain-in-Adults-With-or-in-Recovery-From-Substance-Use-Disorders/SMA13-4792</p>

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Screening tools for substance use disorder	<p>Centers for Medicare & Medicaid Services – Screening, Brief Intervention, and Referral to Treatment (SBIRT): https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/sbirt_factsheet_icn904084.pdf</p> <p>National Institute on Drug Abuse – Screening and Assessment Tools: https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools</p>
Raising patient awareness of opioid medication risks	<p>Centers for Disease Control and Prevention – Interactive Training Series for Healthcare Providers: https://www.cdc.gov/drugoverdose/training/online-training.html</p> <p>Drug Enforcement Administration – Drugs of Abuse Resource Guide: https://www.dea.gov/sites/default/files/2018-06/drug_of_abuse.pdf</p> <p>National Survey on Drug Use and Health – Newsroom: https://nsduhweb.rti.org/respweb/nsduhinthenews.html</p>
Pain management options for patients	<p>Centers for Medicare & Medicaid Services – Medicare Coverage for Pain: https://www.medicare.gov/coverage/pain-management</p> <p>Centers for Medicare & Medicaid Services – Person and Family Engagement Strategy: https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/QualityInitiativesGenInfo/Downloads/Person-and-Family-Engagement-Strategy-Summary.pdf</p> <p>Department of Health and Human Services – Pathways to Safer Opioid Use: https://health.gov/hcq/trainings/pathways/index.html</p> <p>Department of Veterans Affairs – Safe and Responsible Use of Opioids for Chronic Pain: https://www.va.gov/PAINMANAGEMENT/Opioid_Safety/OSI_docs/10-791-Safe_and_Responsible_Use_508.pdf#</p> <p>Department of Veterans Affairs – Transforming the Treatment of Chronic Pain: https://www.pbm.va.gov/academicDetailingService/Documents/Academic_Detailing_Educational_Material_Catalog/Pain_ChronicPainProviderEducationalGuide_IB101000.pdf#</p> <p>Indian Health Service – Meeting the Needs of Chronic Pain Patients: https://www.ihs.gov/painmanagement/</p> <p>National Center for Complementary and Integrative Health – Homepage: https://www.nccih.nih.gov/</p> <p>National Institutes of Health – Centers of Excellence in Pain Education: https://www.painconsortium.nih.gov/Funding_Research/CoEPEs</p> <p>National Institute of Neurological Disorders and Stroke – Research on Chronic Pain: https://www.ninds.nih.gov/Disorders/All-Disorders/Chronic-pain-Information-Page</p>

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<p>Educating patients with an opioid use disorder</p>	<p>Centers for Disease Control and Prevention – Information for Patients: https://www.cdc.gov/drugoverdose/patients/index.html</p> <p>Centers for Medicare & Medicaid Services – Physician Compare: https://www.medicare.gov/physiciancompare/</p> <p>Centers for Medicare & Medicaid Services – What Medicare Covers: https://www.medicare.gov/what-medicare-covers</p> <p>Centers for Medicare & Medicaid Services – Contacting Medicaid: https://www.medicare.gov/about-us/contact-us/contact-your-state-questions/index.html</p> <p>Department of Veterans Affairs – Substance Use Self-Screening Tools: https://www.myhealth.va.gov/mhv-portal-web/screening-tools</p> <p>National Institute on Drug Abuse – Opioid Overdose Reversal: https://www.drugabuse.gov/drug-topics/opioids/opioid-overdose-reversal-naloxone-narcan-evzio</p> <p>Substance Abuse and Mental Health Services Administration – Behavioral Health Treatment Services Locator: https://findtreatment.samhsa.gov/</p> <p>Substance Abuse and Mental Health Services Administration – Opioid Treatment Program Locator: https://dpt2.samhsa.gov/treatment/directory.aspx</p> <p>Substance Abuse and Mental Health Services Administration – Buprenorphine Practitioner Locator: https://www.samhsa.gov/medication-assisted-treatment/practitioner-program-data/treatment-practitioner-locator</p> <p>Substance Abuse and Mental Health Services Administration – Opioid Overdose Prevention Toolkit: https://store.samhsa.gov/sites/default/files/d7/priv/sma18-4742.pdf</p> <p>Substance Abuse and Mental Health Services Administration – Peer Support Resources: https://www.samhsa.gov/brss-tacs/recovery-support-tools/peers</p> <p>Substance Abuse and Mental Health Services Administration – Managing Chronic Pain in Recovery: https://store.samhsa.gov/product/You-Can-Manage-Your-Chronic-Pain-To-Live-a-Good-Life-A-Guide-for-People-in-Recovery-from-Mental-Illness-or-Addiction/SMA15-4783</p>

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Tracking opioid prescribing trends and strategies	<p>Centers for Disease Control and Prevention – Pocket Tapering Guide: https://www.cdc.gov/drugoverdose/pdf/clinical_pocket_guide_tapering-a.pdf</p> <p>Centers for Disease Control and Prevention – Opioid Guideline Mobile App: https://www.cdc.gov/drugoverdose/prescribing/app.html</p> <p>Centers for Disease Control and Prevention – Prescribing Checklist: https://stacks.cdc.gov/view/cdc/38025</p> <p>Centers for Disease Control and Prevention – Clinical Guidance for Selected Common Acute Pain Conditions: https://www.cdc.gov/acute-pain/index.html</p> <p>Centers for Disease Control and Prevention – Prescription Drug Monitoring Programs: https://www.cdc.gov/drugoverdose/pdmp/providers.html</p> <p>Centers for Disease Control and Prevention – Quality Improvement and Care Coordination – Implementing the CDC Guideline for Prescribing Opioids for Chronic Pain: https://www.cdc.gov/drugoverdose/prescribing/qi-cc.html</p> <p>Centers for Medicare & Medicaid Services – Opioid Mapping Tool: https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Medicare-Provider-Charge-Data/OpioidMap_Medicare_State</p> <p>Department of Health & Human Services – Guidance for Clinicians on the Appropriate Reduction or Discontinuation of Long-term Opioid Analgesics: https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf</p> <p>Department of Veterans Affairs – Management of Opioid Therapy for Chronic Pain: https://www.healthquality.va.gov/guidelines/Pain/cot/</p>